

6-day

HELENA RADESON

goal
challenge

DAY 6

YES – YOU DID IT!

Day 6 is a day for balloons and high fives, for rewards and hoorays, it's a day to celebrate that we've made it all the way!

In this challenge you've gotten the essential building stones for getting where you want to go:

1. WISH - Identify Your Goal
2. OUTCOME - Integrate Your Vision
3. ACTIVITIES - Plan Your Roadmap
4. OBSTACLES - Assess & Plan Your Risks
5. ACCOUNTABILITY - Track Your Progress

These are the steps that one after the other will lead you to where you want to go.

- Which step was the easiest for you?
- Which was the most of an aha-moment?
- Which one did you not like...?

But hang on, there's one step missing, right? Yes!

Number 6. CELEBRATE YOURSELF!

This is the step that will set you up for wanting to reach your next goal!

Because ultimately, Day 6 charges you up internally and dares to ask you:

What's next? Where do I want to get to now?

Thank you for participating in the 6-day goal challenge, you're awesome!

PS. YOUR workbook is updated with today's challenge and all materials will stay available for your support, feel free to share it with someone you know needs it.